

# A WEEKEND WORKSHOP: INTEGRATIVE ENERGY SKILLS FOR COUPLES

July 29th ~ 31st

Friday 7 ~ 9pm | Saturday 10am ~ 5pm | Sunday 10am ~ 4pm

**D**uring this upcoming Couples Workshop, a sanctuary of safety and an environment of growth is created. Interactive and non-threatening activities allow couples to become more aware of their influences on and interactions with each other, bringing both to a deeper understanding of themselves, their partners and their relationship.

Bob Harris, M.A., and Catriona O'Curry, M.A. are BobCat Integrative Consulting, based in Tucson, AZ. Our mission is to facilitate individuals and couples to become aware of their own energy systems and defenses, bringing them into alignment with their larger human purpose. Additional workshops are offered in Tucson (please visit our website to learn more). To register for this workshop call Bob or email Catriona:



**Workshop Location:**

**Emerald City Clinic**

**1409 N.W. 85th St. | Seattle**

**Cost: \$500 per couple**

**Check-in time: Fri. 6:30pm**

---

**Items to Bring (Sat. & Sun.):**

**Bag lunch, pillow, blanket**

**520-822-4982**  
**cat@sonoracohousing.com**

**Note: You must pre-register by  
July 27th in order to attend!**

*"Once aware of emotional and energetic  
realms, learning becomes embodied knowing".*

*~ Bob & Catriona*

**bobcat**  
Integrative Consulting

**BobCatIntegrativeConsulting.com**